

Use these lunch bags as examples with the *Food Packaging* lesson plan. Adapt these examples to suit the needs of your classroom demographics.

Lunch bag #1 (least plastic waste)

- Reusable cloth lunch bag
- Reusable water bottle
- Whole apple
- Sandwich packed in reusable glass container (with plastic lid)
- Homemade cookie wrapped in beeswax wraps
- Carrots, cucumbers, hummus packed in glass/metal bento box style container

Lunch bag #2 (medium plastic waste)

- Paper bag
- Small milk carton
- Whole apple
- Sandwich in plastic ziplock bag
- Single plastic wrapped cookie
- Carrots, cucumbers in glass/metal bento box style container, hummus in single-use plastic container

Lunch bag #3 (most plastic waste)

- Plastic grocery bag
- Plastic tetrapak juice box (capri sun, kool-aid)
- Apple cut up in snack size plastic bag
- Sandwich in plastic ziplock bag
- Single plastic wrapped cookie
- Carrots, cucumbers in snack size plastic bag, hummus in single-use plastic container

Red, Yellow, Green Lunch Bags



Instructor: cut out the strips and give one to each student. Students will place a red, yellow or green sticker on the lunch bag they think has “most” = red, “middle” = yellow, “least” = green plastic packaging.

Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3
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Lunch bag #1	Lunch bag #2	Lunch bag #3

Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3
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Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3
Lunch bag #1	Lunch bag #2	Lunch bag #3

Landfill Waste Management



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