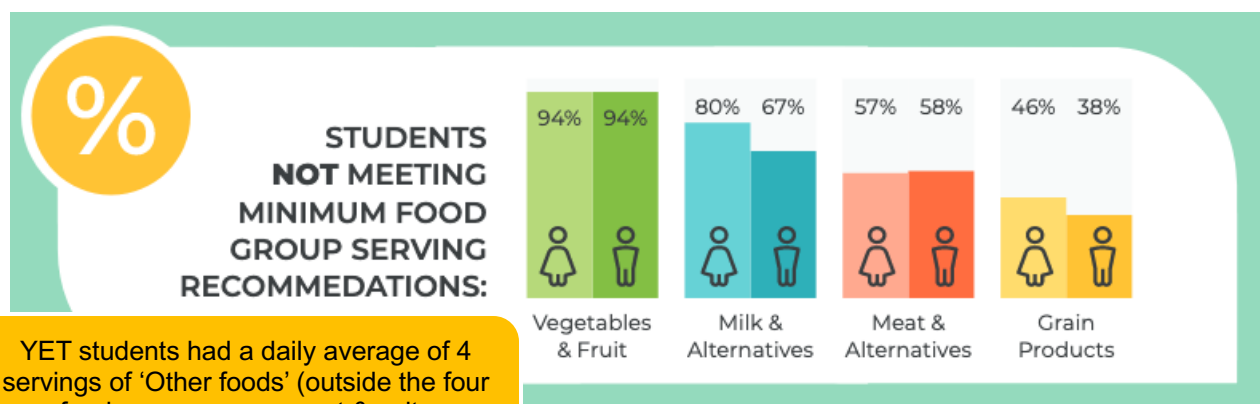


MANITOBA ELECTION 2023

Poor child nutrition and food insecurity are major issues in Manitoba. What is your party prepared to do about it?

⇒ Child Nutrition:

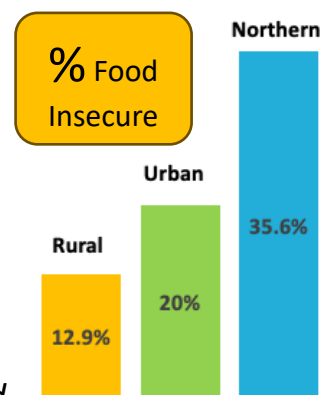
- Most youth in Manitoba are not eating a healthy diet, regardless of where they live.
- Only 2% of grade 9 students in a recent study* had a diet classified as 'good' while 28.3% had a diet classified as 'poor'. The remainder were classified as 'need improvement'.
- Most students* were not consuming enough healthy foods, and therefore not enough key nutrients for growth and development, such as fibre, vitamin D and calcium.
- This dietary pattern puts them at significant risk of future chronic diseases such as diabetes, heart disease and cancer – all disorders that are growing rapidly in younger adults.



YET students had a daily average of 4 servings of 'Other foods' (outside the four food groups: e.g., sweet & salty snacks/beverages, fast food)

⇒ Child Food Insecurity:

- In a recent study* 20% of grade nine students throughout Manitoba were food insecure, or from families who were unable to regularly afford groceries.
- This rose to over 1/3 (35.6%) of students in Manitoba's Northern region.
- The study* data were collected BEFORE COVID! Things have gotten much worse with food cost inflation.



The combination of poor child nutrition overall, and food insecurity in vulnerable groups, means many of our children are at risk for poor learning and unhealthy futures. To date, however, Canada is the only G7 country without a school nutrition program.

Manitoba needs a universal school nutrition program with healthy food & food education!

*Food and Nutrition Security for Manitoba Youth Study: <https://www.fanlit.org/fans>