

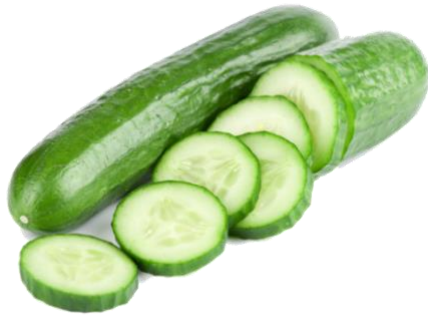
Appendix 1

Fruits and Vegetables Identification cards





Celery



Cucumber



Cauliflower



Yellow Onion



Asparagus



Garlic



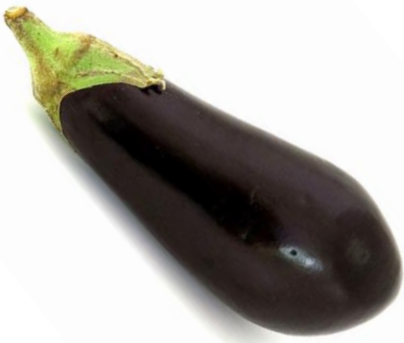
Ginger



Broccoli



Carrot



Eggplant/Aubergine



Russet Potato



Romaine



Butter Lettuce



Spinach



Arugula



Chard/Silverbeet



Head Lettuce



Bell Pepper



**Sweet
Potato**



Green Onion



Chives



Jalapeño



Chili



Habanero



Green Cabbage



Red Cabbage



Zucchini



Yam



Parsnip



Turnip/Rutabaga



Beet



Radish



Oyster Mushroom



Enoki Mushroom



**White/Button
Mushroom**



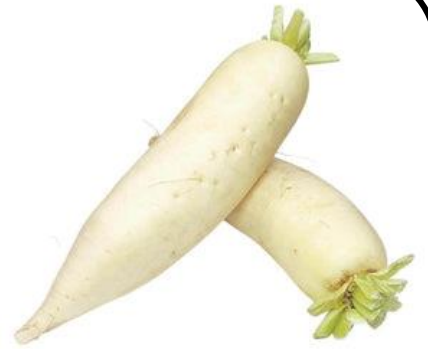
**Portabella
Mushroom**



Bok Choy



Gai Lan



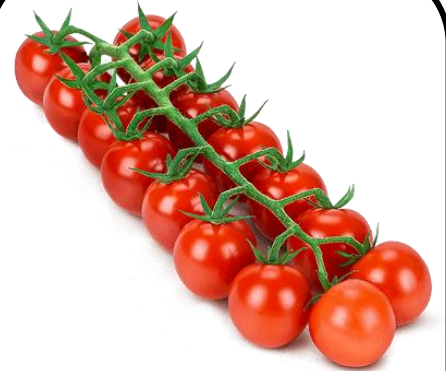
Daikon



Lemongrass



Tomato



Cherry Tomato



Kale



Snap Peas



String Beans



Fiddleheads



Kohlrabi



Artichoke



Corn



Acorn Squash



Butternut Squash



**Spaghetti
Squash**



Peas



Snow Peas



Broccolini



Okra



Jicama



Celeriac



**Brussel
Sprouts**



**Yukon Gold
Potatoes**



Leek



Olives



**Red
Potatoes**



Avocado



Red Onion



Shallot



**Granny
Smith Apple**



**Red Delicious
Apple**



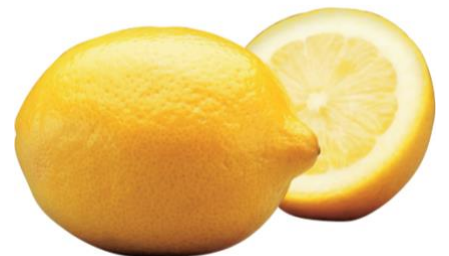
Gala Apple



**Navel
Orange**



**Mandarin
Orange**



Lemon



Lime



Pear



Pineapple



Mango



Papaya



Banana



Plantain



Blueberry



Cranberry



Raspberry



Blackberry



Strawberry



Pumpkin



Kiwi



Peach



Nectarine



Plum



Apricot



Dragon Fruit



**Star Fruit/
Carambola**



Fig



Pomegranate



Passion Fruit



Lychee



Rambutan



Longan



Grapefruit



Red Grape



Green Grape



Cherry



Watermelon



Cantaloupe



Honeydew



Guava



Mangosteen



Currants



Kumquat



Persimmon



Açai



Durian



Coconut



Gooseberry



Dates



Jackfruit



Quince



Pomelo



Blood Orange



Saskatoon Berry



Pawpaw



Haskap Berry



Goji Berry



Kiwano



Tamarillo



Mulberry