

Journey through the Food System



Lesson Overview: Students will learn about the journey food takes from farm to table through story telling, and will share their understanding by completing an independent writing assignment.

Learning Outcomes:

Students will:

- Follow the journey of a strawberry through the food system
- Understand that food takes a long journey to get to their homes
- Write a narrative RAFT style writing piece to display their understandings of the food system

Materials:

- The Many Adventures of Bert the Berry Digicomic (electronic comic book)
- RAFT writing template

Instructions

Activating Discussion:

Instructor to engage in a conversation with students by asking questions such as “where do strawberries come from?”. After a short discussion, instructor will explain that it takes a long time for food to get to our homes. It is important that we understand where our food comes from so that we can respect our food and not waste it. If we waste the food that we have in our home and on our plate, we are not respecting all of the hard work it takes.

Learning Plan:

Instructor to introduce and read the digicomic The Many Adventures of Bert the Berry. After reading, create a “journey line” (similar to a timeline) as to how Bert’s journey proceeded. This will help the students with their RAFT assignment.

RAFT: Students to write their own RAFT style narrative story about the journey a strawberry takes to get to our plate. RAFT style writing pieces are as follows:

Role: students take on the role of the strawberry.

Audience: students are writing a story to teach their parents about the food system.

Format: students will write a narrative story.

Topic: the journey of a strawberry from a seedling to their plate.

Activity Options:

Option 1: Bring in fresh or frozen strawberries to taste

Option 2: Make strawberry jam (See Appendix for Strawberry jam recipe)

Appendices:

- 2.1.1 The Many Adventures of Bert the Berry Digicomic (electronic comic book)
- 2.1.2 RAFT writing template